

We acknowledge Aboriginal and Torres Strait Islander families are the first peoples of this nation and have been birthing and raising children for thousands of years through strong Indigenous parenting practices.

We are committed to the significance of family and that FAMILY is the best place for raising their children.

Our Program is designed for you as parents/caregivers and your kids, from before birth to 18 years.

Wellbeing Workers develop a plan in collaboration with family to enhance children and family's safety, wellbeing and connection to culture.

#### HOW CAN YOU ACCESS THIS SERVICE?

- Families can self-refer
- Families are referred by other agencies.
- You can give us a call and have yarn to one of our Wellbeing Workers any time.

[www.familysupportreferral.org.au](http://www.familysupportreferral.org.au)



## TAIHS Family Wellbeing Program is part of the Townsville Aboriginal & Islander Health Service.

### *Family Wellbeing Program*

Families can self-refer or agencies can direct their referral to:

**07 4431 1458**

296 Ross River Road, Townsville

### *Yamani Meta:*

Families can drop in anytime or attend scheduled sessions.

**07 4759 4039**

16 Peel Street, Garbutt

Office hours: Mon - Fri, 8:30am - 5:00pm

### *Domestic and Family Violence:*

Families can drop in anytime or attend scheduled sessions.

**07 4431 1458**

296 Ross River Road, Townsville

### *Indigenous Youth and Family:*

Families can drop in anytime or attend scheduled sessions.

**07 4431 1458**

296 Ross River Road, Townsville

This program is funded by the Queensland Government Department of Child Safety, Youth and Women, Queensland Education and Training, Department of Prime Minister and Cabinet.

[www.taihs.net.au](http://www.taihs.net.au)



**TAIHS**  
Townsville Aboriginal & Islander Health Service

# Family Wellbeing Program

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or agencies can direct  
their referral to:

The Wellbeing Workers will get to know your storyline and will work with you to identify changes and create your new storyline.. We will support you and your whole family to grow your kids to be physically, emotionally and spiritually strong. Parents are their kids first teachers. And kids are our future.

**Build healthy relationships  
with family**

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**Regulate emotions & behaviours**

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**Be healthy and well**

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**Learn routines and activities  
at home**

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**Be connected and proud  
of culture**

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**Get kids enrolled in Day Care,  
Kindy or School**

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**Play safe at home and at school**

**We also provide advice,  
information & refer to other  
community programs  
& services.**

**Housing**

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**Health**

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**School**

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**Managing money**

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**Specialist services**

Our service is available to  
Aboriginal & Torres Strait  
Islander families, to strengthen,  
nurture & care for their families.



**YOUR FAMILY CAN THRIVE  
IN A CULTURALLY SAFE AND  
UNDERSTANDING ENVIRONMENT.**