



TAIHS
Townsville Aboriginal &
Islander Health Service

Newsletter

April Edition

Chairperson's Message



Dorothy Smith

Thank you to everyone who joined us in April for the Deadly Choices Cowboys Community Day and the Youth Connect Day.

These gatherings are more than events - they're a chance to yarn, strengthen connections, and celebrate the pride and resilience that makes our community strong.

A special acknowledgement to the Youth Advisory Group who partnered with our Youth Services to lead the Youth Connect Day. It's deadly to see young people stepping up, creating safe spaces, and shaping positive pathways for one another and for the wider community.

I also want to recognise everyone who prioritised their wellbeing by coming along to our health promotion activities this month. We saw a record year for breast screening attendance, and it was encouraging to have so many men join the Cancer Awareness Session.

Taking time for checks, screening and learning is a strong step—not just for you, but for your family and community too.

Primary Health Care

Breast Screen Visit - Huge Success

A huge shoutout to all the amazing women - we had 98 women who joined us for a quick and simple check-up to rule out breast cancer! We truly enjoyed spending time with each of you and hearing your inspiring stories.

If you were among those wonderful ladies, you were also fortunate to receive one of our fabulous shirts to help raise awareness about the importance of breast screening.

A heartfelt thank you to Breastscreening QLD for your presence and support; we thoroughly enjoyed our time together and eagerly anticipate an even larger campaign next year.



Deadly Choices Cowboys Community Day

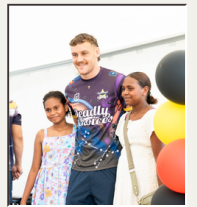
TAIHS Deadly Choices Cowboys Community Day: A Resounding Success

The TAIHS Deadly Choices Cowboys Community Day was a fantastic event!

- Attendees enjoyed rides and slides.
- Fans had the chance to meet some of the incredible Cowboys Men's and Women's players, along with a wonderful opportunity for Q&A sessions.

Hundreds of community members joined in, making it a memorable day for everyone.

Don't forget to scan the QR code to view all the photos!



Men's Cancer Awareness

Our First Men's Cancer Awareness Session: A Resounding Success

The inaugural Men's Cancer Awareness Session, organised by our PHC team, proved to be a tremendous success.

The session aimed to provide vital insights into early detection and lifestyle changes that can substantially reduce risks associated with cancer.

This impactful event focused on awareness and prevention, featuring exciting giveaways. We also had HHH Barbers on-site, offering stylish haircuts to attendees.



Community & Youth Services

TAIHS Youth Connect Day

Our Youth Connect Day aligned perfectly with Queensland Youth Week. This special event was dedicated to the youth of Townsville, aiming to unite young people and community members to exchange information, foster relationships, and partake in free activities that promote collaboration and empowerment.

Riley Dennis, a member of our Youth Advisory Group, attended to inspire and motivate today's youth to engage in Youth Committees, emphasising the importance of their voices.

Participants had the opportunity to explore educational stalls and discuss significant topics such as mental health, education, and career opportunities, all facilitated by knowledgeable leaders and mentors.



Scan the QR code to view all the photos!

Youth Services Update

Due to a reduction in funding associated with the Queensland Government's new youth reforms, TAIHS Youth Services has been restructured.

Services continue as usual, with a full range of youth and after-hours support delivered from the Youth Hub at 254 Ross River Road. For information or referrals, contact the Youth Hub on 4759 4058 or email youthhub@taihs.net.au

