



TAIHS
Townsville Aboriginal &
Islander Health Service

Newsletter

May Edition

Chairperson's Message



Dorothy Smith

Welcome to the May update, highlighting some of the moments that have made this such a positive and meaningful month for our organisation and community. As Chairperson, I have great pride in the care, compassion and commitment our staff show every day, and in the strength, resilience and spirit of our community.

This month, we celebrate our Walk-In Flu Clinic helping keep mob healthy, our Primary Health team once again winning the NACCHO World Immunisation Video Competition, and the dedication of our midwife and nurses, who make such a difference to children, families and community members.

Across TAIHS, our teams continue to support young parents and create safe, welcoming spaces for children, young people and families, and that care is felt across our community every day.

As we head into National Reconciliation Week, it is an important time to reflect on reconciliation in our country and communities. Held from 27 May to 3 June, it is a time to honour truth-telling, recognise the strength and survival of our people, celebrate culture, and commit to walking together with respect, understanding and action.

This year's theme, All In, reminds us that reconciliation belongs to all of us and calls on everyone to step forward with respect, openness and commitment every day.

National Sorry Day on 26 May acknowledges the truth of the Stolen Generations and honours the strength of survivors, families and communities. Mabo Day on 3 June marks the recognition of native title and the rejection of terra nullius, affirming the enduring connection of our people to Country.

Thank you to our staff, community partners and supporters. Your care, support and commitment continue to make a real difference as we build a stronger, healthier future for our people and the next generation.

Primary Health Care

Don't Get Flu Babe-TAIHS Video wins NACCHO Competition

Woohoo — we've done it again! Our Primary Health team has taken out the NACCHO World Immunisation Video Competition for another year. How good is that?

If you haven't seen our video yet, jump onto our Facebook page and check it out. It's fun, it's deadly, and it shows just how talented our team is.

A huge congratulations to everyone involved. Your creativity, hard work, and passion for community health shine through every time.

Too deadly team 😊



International Day of the Midwife & International Nurses Day

Special tribute to our incredible Heather Lee in celebration of International Day of the Midwife.

Also acknowledging our wonderful Nurses, Thank you all for your service, Your dedication and compassion profoundly impacts the countless families you assist.

Your commitment to care and your unwavering strength are truly commendable.

We take this moment to recognise the essential role you all play in our healthcare system and at TAIHS we express our heartfelt gratitude for your continuous efforts.



Walk In Flu Clinic - Every Tuesday & Thursday

Walk-In Flu Immunisation Clinic

Days: Tuesdays & Thursdays only

Time: 9:00am – 4:00pm

No appointment required

This clinic is exclusively for flu immunisation.

If you have other health concerns and need to see a doctor, please schedule an appointment by calling 4759 4000.

We invite all community members to join us on the specified days to receive their flu vaccination



Primary Health Care

TAIHS Ingham Clinic Reduction of Services

Community Announcement to our Ingham Clients

There has been a temporary reduction in services, and TAIHS Medical Services in Ingham is now operating just one day a week (Tuesdays).

Please note that the TAIHS Ingham Clinic is currently unable to accommodate new clients, and we sincerely apologise for any inconvenience this may cause.

For all inquiries and appointment bookings, please reach out to our Garbutt Clinic at 4759 4000.

Update to our Physiotherapy Services

Introducing Davis, the attending Physio from Synergy, who will offer physiotherapy services for adults at our Main Clinic every Friday. Clients can access these services through a GP referral via a management plan.

Davis combines experience with a compassionate approach, tailoring sessions to individual needs. Appointments should be booked in advance due to limited availability.

For questions or more information, please contact our Main Clinic reception. We look forward to aiding your journey to better health and mobility.



Update to our Dental Services

We welcome Dr Praveen and Dr Prashanti who are assisting our clients with ongoing dental care.

Dental services are delivered at TAIHS on Wednesday and Friday, 8.30am-5pm.

Because of the reduced days, priority will be given to patients experiencing pain.

If you can't make your appointment, please let us know as soon as possible, so that your time can be assigned to another patient.

If you miss your appointment without letting us know, you will need to phone TAIHS Dental to rebook an appointment.

Call 4759 4002 to book an appointment



Community & Youth Services

Supported Tenancies for Young Parents

In our inaugural newsletter, we introduced our new initiative:
Supported Tenancies for Young Parents

Since March, we have received numerous referrals and have had the pleasure of meeting each individual personally.

We recognise that the homelessness crisis persists, but we are grateful for the opportunity to support these young families in any way possible.

If you know someone in need of assistance, please visit our website or scan the QR code below to access our flyer.

Program Overview

The Supported Tenancies for Young Parents Program offers assistance in various areas, including:

- Tenancy support
- Living skills development
- Parenting skills enhancement
- Education resources
- Employment guidance
- Wellbeing objectives

Through outreach case management, our service aims to help young parents establish stability and develop the skills necessary to maintain their tenancies.

**Together, We Can Support Young Parents
in Building Stable, Healthy Homes**



SCAN ME



TAIHS Lighthouse - After Hours Diversionary

The Lighthouse at 254 Ross River Road supports youth aged 10 to 17, providing meals, showers, and rest. It offers supervised activities like sports and creative programs, helping disengaged youth form connections, including cultural ties. Each child is assigned a case worker for daily guidance.

- Opening Hours : 7 nights a week, after hours
- Address : Youth Hub, 254 Ross River Road, Aitkenvale 4814

Contact: (07) 4729 4800 (business hours) or 0488 536 558 (after hours) for more information.



Community & Youth Services

Yamani Meta - Family Wellbeing

Established in 2018, Yamani Meta is our dedicated deady space for early and family learning, offering activities and programs specifically designed for raising smart, healthy and deady kids

Our Focus on Key Family Development Domains

We concentrate on essential areas of family development, including:

- Nutrition
- Early Learning
- Safety and Security
- Responsive Caregiving
- Health

We provide an extensive array of activities, such as:

- Nutrition and cooking groups
- Playgroup
- Adult group work
- Storytelling
- Health discussions
- Cultural activities

Scan me!



Scan the QR Code to view our Playgroup Calendar



Our Latest Job Vacancies

- **Wellbeing Worker - Family Wellbeing Service**
- **Family Facilitator - Identified**
- **Social and Emotional Wellbeing Manager**
- **Indigenous Health Worker/Practitioner**
- **Social Worker (Male)**
- **Placement Support Officer**

Join Our Team

